

BREAKFAST

Full Bay breakfast 12.95

2 Norfolk sausages, 2 Blofield Farm Shop bacon rashers, free range Norfolk eggs, , Fruit Pig black pudding, Heinz baked beans, soft grilled tomato, sautéed mushrooms, hash brown & toast

Vegan Bay breakfast 12.95

Avocado, scrambled tofu, local asparagus, 2 vegan sausages, Heinz baked beans, soft grilled tomato sautéed mushrooms, hash brown & toast

Baby Bay breakfast 7.95

1 Norfolk sausage, 1 Blofield Farm Shop bacon rasher, free range Norfolk egg, Heinz baked beans & toast

Eggs benedict 8.95

Toasted breakfast muffin, baby leaf spinach, poached free range Norfolk eggs & hollandaise sauce
With Blofield Farm Shop ham, smoked salmon or smashed avocado

Bay pancakes 7.95

4 pancakes topped with ... bacon & maple syrup | banana | biscoff & salted caramel sauce | fresh berries & clotted cream

Breakfast baguette 7.95

Norfolk sausage, Blofield Farm Shop bacon, free range Norfolk egg & sautéed mushrooms

Goldilocks & the 3 Bayars 4.50

Oat milk Norfolk porridge with cinnamon, banana & local honey

BAKERY

Blofield Farm Shop sausage roll 3.50

Fruit scone with Norfolk jam & clotted cream 3.50

Cheddar cheese scone, Stokes tomato chutney & butter 3.50

Chocolate fudge, carrot or coffee & walnut cake 3.50

HOT DRINKS

Teas – English breakfast, Earl grey, chamomile, mint or green 2.50

Coffees – flat white, cappuccino or latte 2.95

Espresso 2.00

Hot chocolate with marshmallows & cream 2.95

Syrups 0.50